

# Northeast Regional Epilepsy Group

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## **Preparing for your EEG Test**

You will arrive at the office at your designated time. Please arrive **ON TIME**. The technologist will apply leads to your head using a substance that is washable using warm water. The application, hook-up process and testing will take approximately 1 hour. The test is performed using the latest state of the art equipment.

Eat normally and take your regular medication unless directed otherwise by the Doctor or Nurse.

A parent or guardian should remain with the child at the time of the test. If you do not speak English it would be helpful to arrange for a translator to accompany you.

### **How to prepare for the test:**

#### *Before the test:*

Be sure to bring a hat or scarf to cover your head after the hook-up is completed.

#### *After the test:*

Once the test is complete the patient just needs to wash with warm water and shampoo.